



Caregiving  
Kinetics

BY DR. AARON BLIGHT

Caregiver • Author • Speaker

## The Caregiver

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I'd fix you if I could.

You laugh at your limits,  
and I lament mine.

Pathetic or poetic,  
either applies  
to our protracted plight:

Seeing your struggle,  
it's my struggle,  
the one we can't conquer.

I stand by  
until you're stranded,  
then swiftly step in.

I laugh at my limits,  
and you lament yours.

I'd fix you if I could.



Aaron Blight